



WATERLOOCHRONICLE <http://www.waterloochronicle.ca/opinions/article/181863>
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Dental Association supports fluoridation

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Earlier last week, I read an article in the Chronicle titled “Watchdog group is disappointed by lack of information on fluoridation.”

I cannot comment on the specifics regarding the costs and practices relating to the City of Waterloo water supply. What I can offer Waterloo Watch is information on water fluoridation in general — the science behind our support, its benefits and its cost-effectiveness.

Numerous independent studies from around the world confirm the benefits and safety of public water fluoridation including a recent study that water fluoridation, in the correct amount, is both safe and effective. This is backed up by a panel of independent medical experts in a 2007 report by Health Canada.

The World Health Organization also believes that “universal access to fluoride for dental health is a part of the basic human right to life.”

The cost of water fluoridation is far less than the cost of remedying the effects of its absence. The Centers for Disease Control estimates that every dollar invested in water fluoridation saves \$38 in dental costs. For more, visit our website at www.youroralhealth.ca.

Dr. Ira R. Kirshen *President, Ontario Dental Association*

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