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Fluoride should be personal issue

Re:

Although I believe the latest scientific and medical research literature does not validate the safety and effectiveness of fluoridation in a convincing manner, this is also an issue of personal rights.

Our community was one of the first to declare that people have a right to protection from exposure to second-hand smoke from tobacco users. Similarly, people have a right to reject mass medication from municipal fluoridation whose safety and effectiveness some people may question.

Opposing fluoridation does not violate people's right to freely apply as much personal fluoride treatment to their teeth as they like, just as people are free to continue smoking as much as they like, as long as they do not harm others. So, why are fluoride supporters allowed to continue to violate the right of nonsupporters with mass fluoridation?

Regardless which side of the science debate on fluoridation one takes, it seems reasonable to me that an individual's personal freedom to choose or reject fluoride treatment options should not be dictated to us by either side.

Ron Brown

Kitchener

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