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## Most fluoride wasted

**MEHMET MEHMET**

Re: Fluoride in water

I've never understood why we are led to believe that having fluoride -- that comes from industrial waste -- in our water is for our benefit. Fluoride that is in our toothpaste and mouthwash is more than sufficient in protecting our teeth and even those products have warnings on them that tell us not to swallow it.

Even if it was beneficial for us to drink water with fluoride in it, wouldn't it be considered a waste of money considering the percentage of water that comes out of our taps that actually goes down our throats? Most of our tap water goes down the drain via the sinks, toilets, clothes and dishwashers, bathtubs, or ends up feeding our lawns and gardens.

If they insist on putting something beneficial to us in our water I would think that vitamins would make more sense. When are we going to hear the real reasons why fluoride is in our water?

Mehmet Mehmet

Waterloo

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