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Waterloo shouldn't be a fluoride disposal site

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I agree with Issac Santi that putting fluoride in the local water supply is unwise, or more to the point, pointless. Why the cost should remain a secret escapes me.

My metallurgist son conducted a study of the fluoride industry. In his 200-plus page report he found:

- Fluoride is an extremely toxic byproduct of aluminum production. Disposal is expensive.
- Fluoride is toxic to humans, grievously so at concentrations above a certain level.
- Fluoride is disposed of by dripping it slowly into the water supply at sub-toxic levels.
- The tiny amount of fluoride in a litre of municipal water is neither harmful nor beneficial.
- You get more fluoride from a cup of tea or a piece of fish than from drinking all your water from the tap.
- There is no valid medical reason to spend money on the adding of fluoride to municipal water.
- Fluoridation of municipal water has no demonstrable effect on dental health, its putative benefit.
- The best teeth in Canada are in British Columbia which has no water fluoridation.
- As many as 20 per cent of children under six get fluorosis from swallowing it. Check Colgate's website for information on this.

My opinion — Waterloo residents can't afford to be in the fluoride waste disposal business. The aluminum industry has other, less expensive (to us) ways to dispose of their byproducts.

If you want good teeth, floss daily and stop eating so much sugar.

The community would be much better off paying to have sugar removed from our diet than putting fluoride into it. Be creative — ban junk food in schools!

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