



## **Health Canada Lowers Levels of Fluoride In Drinking Water – Again !**

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Dental fluorosis is the first visible and indisputable sign of fluoride toxicity in children, due to an overabundance of fluoride building up in their bodies. Everybody, including the dentists and Health Canada, knows and agrees with that.

Although Health Canada is recently exercising added caution once again by lowering levels of fluoride in drinking water, from the latest maximum allowable concentration of 1.5 ppm down to a recommended 0.7 ppm to protect children and babies, know that in 1999 the Ontario Ministry of the Environment already recommended keeping fluoride levels between 0.5 ppm – 0.8 ppm in Ontario. We have followed Ontario's recommendation for nearly nine years, yet we still found significant signs of dental fluorosis in Ontario's children born during that same time frame. This finding is disturbing in the face of Health Canada's latest recommended drop in fluoridation to 0.7 ppm, claiming it will alleviate dental fluorosis in children. It is obvious that Health Canada's latest recommended fluoridation level will still overexpose children to fluoride.

Health Canada's attempt to appear cautionary on this issue is inadequate. Moreover, the group of experts sitting on the Health Canada panel, who were handpicked by Health Canada, seem to have missed reviewing other current research about the health harms of what we are actually putting into our drinking water.

We are not putting dental grade nor toothpaste grade fluoride into our water. We are putting industrial toxic waste fluoride, called hydrofluorosilicic acid, into our water. It contains silicofluoride, and traces of lead, arsenic, mercury and radionuclides. Just because you dilute a toxin down does not necessarily mean it will have no affect on you. It just means it may take longer to affect you. With respect to current water fluoridation practice, some of those effects are seen as much as twenty to forty years later, or more.

Silicofluoride, lead, mercury, and arsenic are all considered by science to be cumulative. That means they build up and accumulate in our bodies over a lifetime of ingestion. We are putting toxins into our babies and children that never leave their bodies. How sensible is that?

The medical science experts we need to listen to are leading chemists, toxicologists, neurologists, endocrinologists, epidemiologists, oncologists, and so forth – who are shedding new medical light on the dangers of artificial water fluoridation, and the combinatory effects these chemicals pose in our drinking water. They are not telling us it's o.k. to swallow this stuff. They are telling us body tissues and organs are being harmed by it.

Do not let this become a lost opportunity for all municipalities to look closely at what we are actually putting into our drinking water. Publish the science on every municipal website for the public to see. We have had more than six decades of misinformation, and we now need to correct for that. It will take considerable time to re-educate ourselves.

Our childrens' healthy lives depend on it.

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